

## **Physical Education Curriculum Map 2021-22**

Princess May Physical Education Overview												
	DISCOVER		DISCOVER		EXPLORE		EXPLORE		CREATE		CREATE	
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Nursery	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Fundamentals Unit 1	Fundamentals Unit 2	Ball skills: Unit 1	Ball skills: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Dance: Unit 1	Dance: Unit 2	Games: Unit 1	Games: Unit 2
Reception	Introduction to PE: Unit 1	Introduction to PE: Unit 2	Fundamentals Unit 1	Fundamentals Unit 2	Ball skills: Unit 1	Ball skills: Unit 2	Gymnastics: Unit 1	Gymnastics: Unit 2	Dance: Unit 1	Dance: Unit 2	Games: Unit 1	Games: Unit 2
Year 1	Fitness	Team Building	Yoga	Fundamentals	Ball Skills	Invasion	Gymnastics	Striking and Fielding	Dance	Net and Wall	Athletics	Target Games
Year 2	Fitness	Team Building	Yoga	Fundamentals	Ball Skills	Invasion	Gymnastics	Striking and Fielding	Dance	Net and Wall	Athletics	Target Games
Year 3	Fitness	OAA	Yoga	Tag Rugby	Netball	Basketball	Gymnastics	Cricket	Dance	Tennis	Athletics	Dodgeball
Year 4	Fitness	Swimming	Yoga	Swimming	OAA	Swimming	Gymnastics	Swimming	Dance	Swimming	Athletics	Swimming
Year 5	Fitness	OAA	Yoga	Tag Rugby	Netball	Hockey	Gymnastics	Cricket	Dance	Tennis	Athletics	Rounders
Year 6	Fitness	OAA	Yoga	Football	Hockey	Basketball	Gymnastics	Rounders	Dance	Tennis	Athletics	Dodgeball