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	DISCOVER	DISCOVER	EXPLORE	EXPLORE	CREATE	CREATE
PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Transition 
Year 2	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Transition 
Year 3	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Transition 
Year 4	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Transition 
Year 5	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Transition 
Year 6	Ground Rules; Family and Relationships 	Health and Wellbeing 	Safety and the Changing body 	Citizenship 	Economic Wellbeing 	Identity; Transition 