

School Nurses Office
2nd Floor, 1b Madinah Road
London, E8 1PG
Tel: 020 7683 4991

Dear Parents/Carer,

Your Child's Health Matters

Your child started a new school in September and the School Nurse will be carrying out a routine Health assessment of your child's vision (eye sight), hearing, height and weight. These measurements will be supervised by trained school nursing staff at school in a private space away from other pupils. Children who take part will be measured fully clothed except for their coats and shoes.

For all children in **Reception**, their height and weight is also measured as part of the National Child Measurement Programme (NCMP). The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing so that the best possible advice and support can be provided to them and their families.

Routine data such as your child's name, date of birth, gender, address and ethnicity will also be collected. The height and weight data from all schools in the area will be gathered together and held securely by the local authority public health team. Please note that we may store your child's information on their health record. No individual measurements will be given to school staff or other children, and all information will be treated confidentially.

The NCMP programme's data is used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.

After the measurements have been taken, we will send you your child's results and information on healthy eating, being active and activities available in your area. Depending on the results of your child, Everyone Health will get in touch with you to see what support they can offer to your child and family. Everyone Health is a service that operates in Hackney and City of London that supports families to become and stay healthy.

We have enclosed a questionnaire that relates to your child's health for you to complete and for you to return to your school nurse. Please can you complete the questionnaire with as much information as possible, so that the School Nurse can prepare for the assessment and support your child's health needs, while at school. **For parents of reception class children, you can opt out of the option for height and weight data to be used for the National Child and Measurement Programme on the questionnaire and can also opt out of follow up from Everyone Health about your child's results.**

The completed questionnaire should be given to the receptionist at your child's school. Please return in a sealed envelope and addressed to the School Nurse. The information in the questionnaire will not be shared with the school staff without your consent.

It is your responsibility to inform the school and the school nurse team of any health needs your child has. This is extremely important to ensure that the school are supported to be able to support your child's health needs while under the care of the school staff.

If you have any questions in the meantime, please contact our Team Administrators on: **020 7683 4991.**

You can also contact your school nurse through your child's school. If you would like to know more about what we offer please use the link below to access our website:
<http://www.homerton.nhs.uk/our-services/services-a-z/c/childrens-services-in-the-community/school-nursing-service/>

Please note if we do not hear from you within a month of receiving this letter, we will go ahead with this health assessment.

Yours faithfully,
School Nurse

It is recommended that your child sees the optician for eye / vision check yearly, and the dentist every six months. These tests are free for all children.