

[WEEKLY MENU]



Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|--|---|--|--|
| Main Dish of the Day | Butter Chicken Curry (G*) | Beef Burger & Homemade Potato Wedges (G, SE*, SO) | Roast Chicken & Gravy | Beef Lasagne (E*, G, MK) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | Vegetable & Lentil Korma with Rice (CE, G*, MK) | Vegetable Bean Burger & Homemade Potato Wedges (G, SE*) | Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G) | Roasted Vegetable Lasagne (E*, G, MK) | Cheesy Calzone (G, MK) |
| Vegetable Choice | Seasonal Vegetables | Baked Beans or Coleslaw (E, MU) | Rustic Roast Potatoes & Medley of Seasonal Vegetables | Green Salad & Coleslaw (E, MU) | Beans or Peas |
| Dessert of the Day | Selection of Fruit Mousse (MK) | Honey & Raisin Flapjack (G) | Apple Crumble & Custard (G, MK) | Pineapple Upside Down Cake (E, G, MK) | Ice Cream (MK) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit |

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

Princess May Primary School



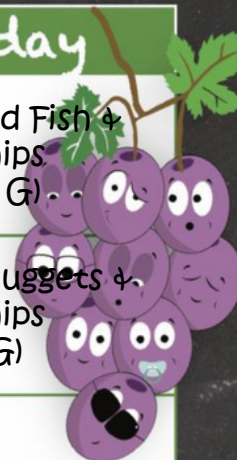
[WEEKLY MENU]



Week 2

Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|--|--|--|---|
| Main Dish of the Day | Chicken & Tomato Basil Pasta (G, MK) | Chicken Hot Dog (CE, G, SE*, SO*, SU) | Roast Beef & Gravy | Caribbean Chicken Curry | Battered Fish & Chips (F, G) |
| Vegetarian Dish of the Day | Tomato & Basil Pasta (CE, G) | Quorn Hot Dog (E, G, SE*) | Summer Vegetable Quiche & Nut Free Pesto (E, G, MK) | Jerk Vegetable Wrap (CE, G) | Vegan Nuggets & Chips (G) |
| Vegetable Choice | Garlic Bread and Green Salad (G, MK) | Homemade Potato Wedges & Sweetcorn | Rustic Roast Potatoes & Seasonal Vegetables | Jamaican Rice & Peas | Beans or Peas |
| Dessert of the Day | Banana Sponge with Vanilla Sauce (E, G, MK) | Lemon Meringue Pie (E, G) | Classic Jam Sponge & Custard (E, G, MK, SO*) | Apple Traybake (E, G, MK*) | Chocolate Orange Sponge with Chocolate Sauce (E, G, MK, SO) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit |



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[WEEKLY MENU]



Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|---|---|---|---|
| Main Dish of the Day | Chinese Chicken Noodles (CE, E, G, SO) | BBQ Chicken Pizza (G, MK) | Roast Turkey & Gravy | Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU) | Fish Fingers & Chips (F, G) |
| Vegetarian Dish of the Day | Chinese Vegetable Stir Fry Noodles (E, G, SO) | Margherita Pizza (G, MK) | Veggie Shepherdess Pie (CE, MK) | Veggie Sausage & Crushed Potato with Gravy (G, MK) | Mac & Cheese (G, MK) |
| Vegetable Choice | Stir Fried Greens | Seasoned Potato Wedges & Sweetcorn | Rustic Roast Potatoes & Medley of Seasonal Vegetables | Seasonal Greens | Beans or Peas |
| Dessert of the Day | Lemon Drizzle Cake (E, G, SU) | Carrot Cake Traybake (E, G, MK*, SO) | Iced Vanilla Sponge (E, G) | Dutch Apple Tart (E, G, MK) | Double Chocolate Chip Cookie (E, G, MK, SO) |
| Jacket Potato Bar | See Board for Details | See Board for Details | See Board for Details | See Board for Details | See Board for Details |
| Cold Selection | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit | Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit |

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

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